

Autumn / Winter 2022 / 23
 5/9, 26/9, 17/10, 7/11,
 28/11, 19/12, 9/1, 30/1

What's On The Menu?

MONDAY Authentic Italian **TUESDAY** Family Faves **WEDNESDAY** Baking British **THURSDAY** Food Festival **FRIDAY** Fun Day



Beef Bolognese With Wholegrain Penne Pasta, Garlic Bread & Green Salad	Sausage Cowboy Pie Mash topped Halal Sausage & Bean Pie with Peas	Roast Chicken Sage & Onion Stuffing Crispy Roasties & Fresh Veggies & Gravy	Mild Chilli Beef & Cheese Homemade Nachos Oven Baked Potato Wedges & Sweetcorn	Golden Fish Fingers (MSC) Choose Salmon or Pollock, Chips & Baked Beans
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Veggie Bolognese With Wholegrain Penne Pasta, Garlic Bread & Green Salad	Veggie Cowboy Pie Mash topped Veggie Sausage & Bean Pie with Peas	Cheese, Veg & Spinach Puff Pastry Roll Crispy Roasties & Fresh Veggies & Gravy	Cheese & Veggie Homemade Nachos Oven Baked Potato Wedges & Sweetcorn	Crispy Bean & Vegetable Fingers Chips
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Hot Tomato Pasta
 with or without Grated Cheese on top



Crispy Skin Jacket Potatoes
 Choice of Tasty Toppings



Pick & Mix Packed Lunch
 Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit
 Sandwich choice...Monday ham, Tuesday tuna, Wednesday Cheese, Thursday turkey, Friday egg moyo



Chocolate iced Sponge	Cornflake Tart	Cornflake Crispie Cakes	Choc Chip Cookie	Chewy Flapjack
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FOOD FESTIVAL
 By Aspens



Autumn / Winter 2022 / 23
 12/9, 3/10, 24/10, 14/11,
 5/12, 26/12, 16/1, 6/2

What's On The Menu?

MONDAY Authentic Italian **TUESDAY** Family Faves **WEDNESDAY** Baking British **THURSDAY** Food Festival **FRIDAY** Fun Day



The Main Event



Meat Free Magic



Pasta Stop



Jacket Bar



Packed Lunch Station



Dessert Stop

<p>Meat Free Monday! Choose either our tasty Margherita Pizza or our Veggie Supreme</p>	<p>Classic Beef Burger in a Bun with Oven Baked Wedges & Garden Peas</p>	<p>Roasted Roasted Gammon Joint Crispy Roasties, Fresh Veggies & Gravy</p>	<p>Not So Spicy Chicken Tikka Masala Wholegrain Rice, Turmeric Carrots & Peas</p>	<p>Golden Fish Fingers (MSC) Choose Salmon or Pollock, Chips & Baked Beans</p>
<p>Served with Pasta Salad & Mixed Crudites</p>	<p>Super Veggie Burger in a Bun with Oven Baked Wedges & Garden Peas</p>	<p>Veggie Sausage & Root Veg Traybake Crispy Roasties, Fresh Veggies & Gravy</p>	<p>Creamy Vegetable Korma With Wholegrain Rice, Turmeric Carrots & Peas</p>	<p>Crispy Bean & Vegetable Fingers Chips</p>
<p>Hot Tomato Pasta with or without Grated Cheese on top</p>				
<p>Crispy Skin Jacket Potatoes Choice of Tasty Toppings</p>				
<p>Pick & Mix Packed Lunch Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit Sandwich choice...Monday Ham, Tuesday Tuna, Wednesday Cheese, Thursday Turkey, Friday Egg Mayo</p>				
<p>Marble Sponge Cake</p>	<p>Jelly</p>	<p>Chocolate Brownie</p>	<p>Chocolate Topped Shortcake</p>	<p>Crunchy Vanilla Cookie</p>

FOOD FESTIVAL
By Aspens

Week Two

Autumn / Winter 2022 / 23
 29/08, 19/9, 10/10, 31/10,
 21/11, 12/12, 2/1, 23/1, 13/2

What's On The Menu?

MONDAY Authentic Italian	TUESDAY Family Faves	WEDNESDAY Baking British	THURSDAY Food Festival	FRIDAY Fun Day
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Cheese & Tomato Pizza Melt Baguette
 with Wholegrain Pasta & Sweetcorn Salad

Sausage & Mash
 with Creamy Mash, Green Beans & Gravy

Roast Pork, Sage & Onion Stuffing
 with Crispy Roasties & Fresh Veggies & Gravy

Chicken Nuggets
 with Oven Baked Wedges & Broccoli

Golden Fish Fingers (MSC)
 Choose Salmon or Pollock, Chips & Baked Beans



Tomato & Mozzarella Gnocchi Traybake
 with Wholegrain Pasta & Sweetcorn Salad

Quorn Sausage & Mash
 with Creamy Mash, Green Beans & Gravy

Quorn Roast
 with Crispy Roasties, Fresh Veggies & Gravy

Crunchy Topped Macaroni Cheese
 with Oven Baked Wedges & Broccoli

Baked Beans & Vegetable Fingers
 Chips



Hot Tomato Pasta
 with or without Grated Cheese on top



Crispy Skin Jacket Potatoes
 Choice of Tasty Toppings



Pick & Mix Packed Lunch
 Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit
 Sandwich choice...Monday ham, Tuesday tuna, Wednesday cheese, Thursday turkey, Friday egg mayo



Topped Cupcake

Oat Cookie

Vanilla Sprinkle Sponge

Apple Crumble

Shortbread

FOOD FESTIVAL
 By Aspens

Week Three