

Autumn / Winter 2022 / 23  
 5/9, 26/9, 17/10, 7/11,  
 28/11, 19/12, 9/1, 30/1

# What's On The Menu?

**MONDAY**  
Authentic Italian

**TUESDAY**  
Family Faves

**WEDNESDAY**  
Baking British

**THURSDAY**  
Food Festival

**FRIDAY**  
Fun Day



**Beef Bolognese**  
 With Wholegrain Penne Pasta, Garlic Bread & Green Salad

**Halal Sausage Cowboy Pie**  
 Mash topped Halal Sausage & Bean Pie with Carrots

**Roast Chicken Sage & Onion Stuffing**  
 Crispy Roasties & Fresh Veggies & Gravy

**Mild Chilli Beef & Cheese Homemade Nachos**  
 Oven Baked Potato Wedges & Sweetcorn

**Golden Fish Fingers (MSC)**  
 Choose Salmon or Pollock, Chips & Baked Beans



**Veggie Bolognese**  
 With Wholegrain Penne Pasta, Garlic Bread & Green Salad

**Veggie Cowboy Pie**  
 Mash topped Veggie Sausage & Bean Pie with Carrots

**Cheese, Veg & Spinach Puff Pastry Roll**  
 Crispy Roasties & Fresh Veggies & Gravy

**Cheese & Veggie Homemade Nachos**  
 Oven Baked Potato Wedges & Sweetcorn

**Crispy Bean & Vegetable Fingers**  
 Chips

**Hot Tomato Pasta**  
 with or without Grated Cheese on top

**Crispy Skin Jacket Potatoes**  
 Choice of Tasty Toppings

**Pick & Mix Packed Lunch**  
 Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit  
 Sandwich choice...Monday ham, Tuesday tuna, Wednesday Cheese, Thursday turkey, Friday egg moyo



**Cornflake Tart**

**Crispy Chocolate Cornflake Cakes**

**Golden Syrup Sponge**

**Choc Chip Cookie**

**Chewy Flapjack**

**FOOD FESTIVAL**  
 By Aspens

**Week One**

Autumn / Winter 2022 / 23  
 12/9, 3/10, 24/10, 14/11,  
 5/12, 26/12, 16/1, 6/2

# What's On The Menu?

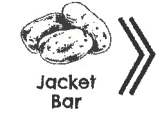
**MONDAY**  
Authentic Italian

**TUESDAY**  
Family Faves

**WEDNESDAY**  
Backing British

**THURSDAY**  
Food Festival

**FRIDAY**  
Fun Day



<p><b>Meat Free Monday!</b></p> <p>Choose either our tasty Margherita Pizza or our Veggie Supreme</p>	<p><b>Classic Beef Burger</b> in a Bun with Oven Baked Wedges &amp; Garden Peas</p>	<p><b>Roasted Roasted Gammon Joint</b> Crispy Roasties, Fresh Veggies &amp; Gravy</p>	<p><b>Not So Spicy Chicken Tikka Masala</b> Wholegrain Rice, Turmeric Carrots &amp; Peas</p>	<p><b>Golden Fish Fingers (MSC)</b> Choose Salmon or Pollock, Chips &amp; Baked Beans</p>
<p>Served with Pasta Salad &amp; Mixed Crudites</p>	<p><b>Super Veggie Burger</b> in a Bun with Oven Baked Wedges &amp; Garden Peas</p>	<p><b>Veggie Sausage &amp; Root Veg Traybake</b> Crispy Roasties, Fresh Veggies &amp; Gravy</p>	<p><b>Creamy Vegetable Korma</b> With Wholegrain Rice, Turmeric Carrots &amp; Peas</p>	<p><b>Crispy Bean &amp; Vegetable Fingers</b> Chips</p>
<p><b>Hot Tomato Pasta</b> with or without Grated Cheese on top</p>				
<p><b>Crispy Skin Jacket Potatoes</b> Choice of Tasty Toppings</p>				
<p><b>Pick &amp; Mix Packed Lunch</b> Freshly filled sandwich or roll, healthy snack, home bake dessert &amp; a piece of fruit Sandwich choice...Monday Ham, Tuesday Tuna, Wednesday Cheese, Thursday Turkey, Friday Egg Mayo</p>				
<p><b>Jelly &amp; Fruit Slices</b></p>	<p><b>Marble Sponge Cake</b></p>	<p><b>Chocolate Brownie</b></p>	<p><b>Iced Bun</b></p>	<p><b>Crunchy Vanilla Cookie</b></p>

Autumn / Winter 2022 / 23  
 29/08, 19/9, 10/10, 31/10,  
 21/11, 12/12, 2/1, 23/1, 13/2

# What's On The Menu?

**MONDAY**

Authentic Italian

**TUESDAY**

Family Faves

**WEDNESDAY**

Backing British

**THURSDAY**

Food Festival

**FRIDAY**

Fun Day



<p><b>Cheese &amp; Tomato Pizza Melt Baguette</b> with Wholegrain Pasta &amp; Sweetcorn Salad</p>	<p><b>Sausage Toad in the Hole</b> with Creamy Mash, Green Beans &amp; Gravy</p>	<p><b>Roast Chicken &amp; Sage Onion Stuffing</b> with Crispy Roasties &amp; Fresh Veggies &amp; Gravy</p>	<p><b>Chicken Goujons</b> with Oven Baked Wedges &amp; Broccoli</p>	<p><b>Golden Fish Fingers (MSC)</b> Choose Salmon or Pollock, Chips &amp; Baked Beans</p>
<p><b>Tomato &amp; Mozzarella Gnocchi Traybake</b> with Wholegrain Pasta &amp; Sweetcorn Salad</p>	<p><b>Quorn Toad in the Hole</b> with Creamy Mash, Green Beans &amp; Gravy</p>	<p><b>Quorn Roast</b> with Crispy Roasties, Fresh Veggies &amp; Gravy</p>	<p><b>Crunchy Topped Macaroni Cheese</b> with Oven Baked Wedges &amp; Broccoli</p>	<p><b>Baked Beans &amp; Vegetable Fingers</b> Chips</p>
<p><b>Hot Tomato Pasta</b> with or without Grated Cheese on top</p>				
<p><b>Crispy Skin Jacket Potatoes</b> Choice of Tasty Toppings</p>				
<p><b>Pick &amp; Mix Packed Lunch</b> Freshly filled sandwich or roll, healthy snack, home bake dessert &amp; a piece of fruit Sandwich choice...Monday ham, Tuesday tuna, Wednesday cheese, Thursday turkey, Friday egg mayo</p>				
<p><b>Topped Cupcake</b></p>	<p><b>Oat Cookie</b></p>	<p><b>Vanilla Sprinkle Sponge</b></p>	<p><b>Apple Crumble</b></p>	<p><b>Shortbread</b></p>

**FOOD FESTIVAL**  
By Aspens

Week Three