



Dear Parents and Carers,

As part of Anti-Bullying Week 2022, we will again be taking part in 'Odd Socks' Day on Monday 14th November.

We will be celebrating all that makes us different and unique by wearing odd socks, the brighter the better!

This year's theme is **"Reach Out"**.

"Bullying affects millions of lives and can leave us feeling hopeless. But it doesn't have to be this way. If we challenge it, we can change it. And it starts by reaching out. Whether it's in school, at home, in the community or online, let's reach out and show each other the support we need. Reach out to someone you trust if you need to talk. Reach out to someone you know is being bullied. Reach out and consider a new approach. And it doesn't stop with young people. From teachers to parents and influencers to politicians, we all have a responsibility to help each other reach out. Together, let's be the change we want to see. Reflect on our own behaviour, set positive examples and create kinder communities. It takes courage, but it can change lives. So, this Anti-Bullying Week, let's come together and reach out to stop bullying."

Anti-Bullying Alliance, 2022.

In school, children will be taking part in extra PSHE lessons around anti-bullying and a whole school assembly during the week.

We hope all of the children can join us and we look forward to seeing your colourful socks!

Mrs Chauhan

Senior Assistant Head Teacher



VAT Reg: 142337141 Company Number: 8195720
The Florence Nightingale Academy
Chewton Street, Eastwood, Nottingham, NG16 3HB
Tel: 01773 713452
Email: office@theflorence.academy
Website: theflorence.academy
Headteacher: Mrs L Baxter

