

SPRING 2022

MENU WEEK 1

WEEK COMMENCING

11 April, 2 May, 23 May,

13 June, 4 July,

25 July



MONDAY



Quorn dippers roast new potatoes & salad

Milk Egg Gluten

OR



Jacket potatoes with cheese, beans or tuna mixed salad

Milk Egg Fish

DESSERT



Vanilla Muffin

Egg Gluten

OR Fruit salad



TUESDAY



Pasta Bolognese crusty bread & mixed salad

Milk Gluten Sesame Fish

OR



Jacket potatoes with cheese, beans or tuna & mixed salad

Milk Egg Fish

DESSERT



Fruit yoghurt

Milk

OR Fruit salad



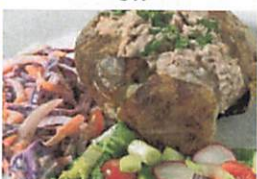
WEDNESDAY



Sunshine pizza, seasoned jacket wedges & mixed salad

Milk Gluten Egg

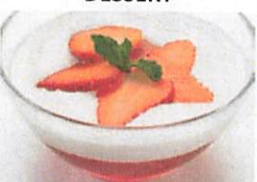
OR



Jacket potatoes with cheese, beans or tuna mixed salad

Milk Egg Fish

DESSERT



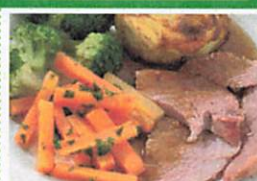
Strawberry jelly & shortbread finger

Gluten

OR Fruit salad

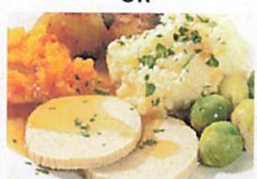


THURSDAY



Roast gammon with pineapple, roast potatoes, mashed potatoes, green beans

OR



Quorn Roast, roast potatoes, mashed potatoes, green beans

Milk Egg

DESSERT



Chocolate brownie

Gluten

OR Fruit salad



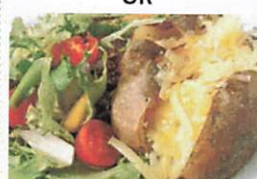
FRIDAY



MSC fish fingers, tomato ketchup, diced potatoes, peas & sweetcorn

Gluten Fish

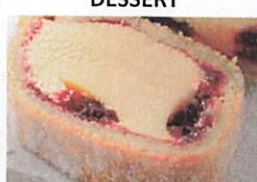
OR



Jacket potatoes with cheese, beans or tuna mixed salad

Milk Egg Fish

DESSERT



Raspberry ripple ice cream roll & vanilla sauce

Soya Milk Egg Gluten

OR Fruit salad



AVAILABLE DAILY: Best of both bread **Gluten** and **Soya** Seasonal vegetables available daily Coleslaw **Egg** when served. **Vegetarian meals** available upon request



SPRING 2022

MENU WEEK 2

WEEK COMMENCING

18 April, 9 May, 30 May,
20 June, 11 July



MONDAY



Pizza wedges & mixed salad

Gluten Milk

OR



Jacket potatoes with cheese, beans or tuna mixed salad

Milk Egg Fish

DESSERT



Frozen yoghurt & fruit

Milk

OR Fruit salad



TUESDAY



Spaghetti Bolognese
cucumber & carrot sticks

Fish Gluten

OR



Jacket potatoes with cheese, beans or tuna mixed salad

Milk Egg Fish

DESSERT



Honey cake & custard

Milk Gluten Egg

OR Fruit salad



WEDNESDAY



Nottinghamshire Sausage,
gravy, mashed potato,
carrots and cabbage

Gluten Sulphur Dioxide Milk Egg

OR



Jacket potatoes with cheese, beans or tuna mixed salad

Milk Egg Fish

DESSERT



Butterscotch tart

Milk Gluten

OR Fruit salad



THURSDAY



Roast pork, stuffing,
gravy, roast potatoes
mashed potatoes & veg

Gluten

OR



Quorn roast, stuffing,
gravy, roast potatoes
mashed potatoes & veg

Milk Egg

DESSERT



Fruit flapjack

Gluten

OR Fruit salad



FRIDAY



MSC Fish finger wrap
oven chips
garden peas & sweetcorn

Gluten Fish Mustard

OR



Jacket potatoes with cheese, beans or tuna mixed salad

Milk Egg Fish

DESSERT



Chocolate sponge
& chocolate sauce

Milk Egg Gluten

OR Fruit salad





SPRING 2022

MENU WEEK 3

WEEK COMMENCING

4 April, 25 April, 16 May,
6 June, 27 June,
18 July



MONDAY



Margherita pizza diced potato & salad

Milk Gluten

OR



Jacket potatoes with cheese, beans or tuna mixed salad

Milk Egg Fish

DESSERT



Chocolate mousse & apple wedge

Milk

OR Fruit salad



TUESDAY



Nottinghamshire sausages, gravy, Yorkshire pudding, mashed potatoes, baton carrots, broccoli

Gluten Sulphur Dioxide Milk Egg

OR



Quorn sausages, gravy, Yorkshire pudding, mashed potatoes, baton carrots, broccoli

Milk Egg, Gluten

DESSERT



Flapjack

Gluten

OR Fruit salad



WEDNESDAY



Tomato & basil pasta, crusty bread, mixed salad, ranch salad

Gluten Sesame Egg

OR



Jacket potatoes with cheese, beans or tuna mixed salad

Milk Egg Fish

DESSERT



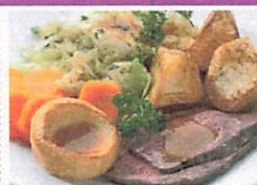
Cornflake tart & custard

Gluten Sulphur Dioxide Milk

OR Fruit salad



THURSDAY



Roast beef, & gravy, Yorkshire pudding, roast new potatoes, cabbage & sliced carrots

Milk Egg Gluten

OR



Quorn roast & gravy, Yorkshire Pudding, roast potatoes, cabbage & sliced carrots

Milk Gluten

DESSERT



Fruit cookie

Gluten

OR Fruit salad



FRIDAY



MSC fish portion, oven chips, garden peas, sweetcorn

Gluten Fish

OR



Jacket potatoes with cheese, beans or tuna mixed salad

Milk Egg Fish

DESSERT



Chocolate muffin

Egg Gluten

OR Fruit salad



AVAILABLE DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served. Vegetarian meals available upon request