



Brookhill Leys Primary School

Long Term PSHE plan 2020/21

	Autumn 1 Black History Month October	Autumn 2 Anti-Bullying Week 16 th November	Spring 1 UK LGBT+ History Month February NSPCC Assemblies/Workshops	Spring 2 Life Skills National Careers Week 1 st March	Summer 1 Mental Health Awareness Week 10 th May	Summer 2 Jo Cox's Big Get Together 14 th June
F1 Brushing Buddies EYFS Picture News	Families & Friendships	Respecting Ourselves & Others Anti-Bullying Week	Belonging to a Community	Keeping Safe	Growing and changing	Physical Health and Mental Wellbeing
F2 Brushing Buddies EYFS Picture News	Families & Friendships	Respecting Ourselves & Others Anti-Bullying Week	Belonging to a Community	Keeping Safe	Growing and changing	Physical Health and Mental Wellbeing
Year 1	Families & Friendships	Respecting Ourselves & Others	Belonging to a Community What rules are, caring for others' needs;	Keeping Safe How rules and age restrictions help us; keeping safe online	Growing and changing Recognising what makes them unique	Physical Health and Mental Wellbeing

<p>Brushing Buddies</p> <p>Picture News</p>	<p>Roles of different people, families, being cared for PoS R1, R2, R3, R4, R5</p> <p>Celebrating difference</p>	<p>How behaviour affects others; being polite and respecting others PoS R21, R22</p> <p>Media literacy and Digital resilience PoS L7, L8 (Link to ICT 'Digital Media')</p> <p>Anti-Bullying Week</p>	<p>looking after the environment PoS L1, L2, L3</p> <p>Safe Relationships Recognising privacy, staying safe, seeking permission</p> <p>Respecting ourselves and others PoS R10, R13, R15, R16, R17</p> <p>NSPCC</p>	<p>Pos H28, H34</p> <p>Money and Work Strengths and interests; jobs in the community Pos L14, L16, L17</p> <p>Careers Week</p>	<p>and special; feelings; managing when things go wrong PoS H11, H12, H13, H14, H15, H21, H22, H23, H24</p>	<p>Keeping healthy; food and exercise; hygiene routines; sun safety PoS H1, H2, H3, H5, H8, H9, H10 (Link to Science 'Why do I need to look after myself?' and PE)</p>
<p>Year 2</p> <p>Brushing Buddies</p> <p>Picture News</p>	<p>Families and Friendships Making friends; feeling lonely and getting help PoS R6, R7, R8, R9, R2</p> <p>Respecting ourselves and others Recognising things in common and differences; playing and working cooperatively; sharing opinions R23, R24, R25</p>	<p>Safe Relationships Managing secrets; resisting pressure and getting help; recognising hurtful behaviour Pos R11, R12, R14, R18, R19, R20</p> <p>Anti-Bullying Week</p>	<p>Belonging to a Community Belonging to a group; roles and responsibilities; being the same and different in the community PoS L2, L4, L5, L6</p> <p>NSPCC</p>	<p>Money and Work What money is; needs and wants; looking after money PoS L10, L11, L12, L13, L15</p> <p>Careers Week</p> <p>Media Literacy and Digital Resilience The internet in everyday life; online content and information PoS L8, L9</p>	<p>Physical Health and Mental Wellbeing Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help PoS H4, H6, H7, H16, H17, H18, H19, H20 (Link to Science 'Why do we need to do to survive and stay healthy?')</p>	<p>Keeping Safe Safety in different environments; risk and safety at home; emergencies PoS H29, H30, H31, H32, H33, H35, H36, H27</p> <p>Growing and Changing Growing older; naming body parts; moving class or year PoS H20, H25, H26, H27</p>

				(Link to ICT 'Digital Media' and 'E-Safety including emails')		
<p>Year 3</p> <p>Brushing Buddies</p> <p>Picture News</p>	<p>Families and Friendships What makes a family; features of family life PoS R1, R6, R7,R8, R9</p> <p>Growing and Changing Personal strengths and achievements; managing and reframing setbacks PoS H27, H28, H29</p>	<p>Respecting ourselves and others Recognising respectful behaviour; the importance of self-respect; courtesy and being polite PoS R30, R31</p> <p>Anti-Bullying Week</p>	<p>Belonging to a Community The value of laws; rights, freedoms and responsibilities PoS L1, L2, L3</p> <p>Safe Relationships Personal boundaries; safely responding to others; the impact of hurtful behaviour PoS R19, R22< R24, R30</p> <p>NSPCC</p>	<p>Money and Work Different jobs and skills; job stereotypes; setting personal goals PoS L25, L26, L27, L30</p> <p>Careers Week</p> <p>Media Literacy and Digital Resilience How the internet is used; assessing information online PoS L11, L12 (Link to ICT 'Communication and Collaboration' and 'Digital Media')</p>	<p>Physical Health and Mental Wellbeing Health choices and habits; what affects feelings; expressing feelings PoS H1, H2, H3, H4, H6, H7, H17, H18, H19 (Link to Science 'What do we need to eat to stay healthy?') and PE)</p>	<p>Keeping Safe Safety in different environments; risk and safety at home; emergencies PoS H29, H30, H31, H32, H33, H35, H36, H27</p>
<p>Year 4</p> <p>Picture News</p>	<p>Families and Friendships Positive friendships; including online PoS R10, R11, R12, R13, R18</p> <p>Celebrating difference</p>	<p>Safe Relationships Responding to hurtful behaviour; managing confidentiality; recognising risks online PoS R20, R23, R27, R28</p>	<p>Belonging to a Community What makes a community; shared responsibilities PoS L4, L6, L7</p> <p>NSPCC</p>	<p>Media Literacy and Digital Resilience How data is shared and used PoS L13, L14 (Link to ICT 'Digital Media', 'Using the Internet' and 'E – Safety')</p>	<p>Physical Health and Mental Wellbeing Maintaining a balanced lifestyle; oral hygiene and dental care PoS H2, H5, H11</p>	<p>Growing and Changing Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty PoS</p>

		<p>Anti-Bullying Week</p> <p>Respecting Ourselves and Others Respecting differences and similarities; discussing difference sensitively PoS R32, R33</p>		<p>Careers Week</p> <p>Money and Work Making decisions about money; using and keeping money safe PoS L17, L19, L20, L21</p>	<p>(Link to Science 'What happens to the food we eat?' and PE)</p> <p>Keeping Safe Medicines and household products; drugs common to everyday life PoS H10, H38, H40, H46</p>	<p>H24, H33, H35, H36</p>
<p>Year 5</p> <p>Picture News</p>	<p>Families and Friendships Managing friendships and peer influence PoS R14, R15, R16, R17, R18, R26</p>	<p>Respecting Ourselves and Others Responding respectfully to a wide range of people; recognising prejudice and discrimination</p> <p>Anti-Bullying Week</p>	<p>Safe Relationships Physical contact and feeling safe PoS R9, R25, R26, R27, R29</p> <p>NSPCC</p> <p>Belonging to a Community Protecting the Environment; compassion towards others PoS L4, L5, L19</p>	<p>Money and Work Identifying job interests and aspirations; what influences career choices; workplace stereotypes PoS L27, L28, L29, L31, L32</p> <p>Media Literacy and Digital Resilience How information online is targeted; different media types, their role and impact PoS L12, L14 (ICT)</p>	<p>Physical Health and Mental Wellbeing Healthy sleep habits; sun safety; medicines; vaccinations; immunisations and allergies PoS H8, H9</p>	<p>Growing and Changing Personal Identity; recognising individuality and different qualities; mental wellbeing PoS H16, H25, H26, H27</p> <p>(Link to Science 'What happens when I grow up?')</p> <p>Keeping Safe Keeping safe in different situations' FGM PoS H38, H43, H44, H45</p>

				(Link to ICT 'Using the Internet' and 'Digital Media')		
<p>Year 6</p> <p>Picture News</p> <p>St. John's Ambulance</p>	<p>Respecting Ourselves and Others Expressing opinions and respecting other points of view, including discussing topical issues PoS R30, R34</p> <p>Belonging to a Community Valuing diversity; challenging and discrimination and stereotypes PoS L8, L9, L10, R21</p>	<p>Physical Health and Mental Wellbeing What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online PoS H13, H14, H15, H20, H21, H22, H23, H24</p>	<p>Safe Relationships Recognising and managing pressure; consent in different situations PoS R26, R28, R29</p> <p>NSPCC</p>	<p>Money and Work Influences and attitudes towards money; money and financial risk PoS L18, L22, L23, L24</p> <p>Media Literacy and Digital Resilience Evaluating media sources; sharing things online PoS H37, L11, L13, L15, L16 (Link to ICT 'Communication and Collaboration (Using the Internet)', 'Digital Media' and 'E – Safety')</p>	<p>Keeping Safe Keeping safe in different situations PoS H38, H43, H44, H45</p> <p>Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media</p> <p>St. John's Ambulance</p> <p>Basic first aid</p> <p>(Link to Science 'How does my body work')</p>	<p>Families and Friendships Attraction to others; romantic relationships; civil partnerships and marriage PoS R1, R2, R3, R4, R5, R7</p> <p>Growing and Changing Human Reproduction and birth; increasing independences; managing transitions PoS H24, H33, H35, H36</p>

